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Maps of the series:



Range of Attractions

Bike Kingdom Świętokrzyskie Mountains and the Area



Świętokrzyskie Voivodeship



Bike Kingdom Świętokrzyskie Mountains and the Area

Świętokrzyskie Mountains and the Area bike kingdom, which the East of Poland Cycling Trail Green Velo crosses, covers the most interesting parts of the Świętokrzyskie Mountains. Numerous ranges, which usually stretch from east to west, are mostly forested and divided by deep valleys. The striped fields below, characteristic of this area, are well visible from the highest viewpoints and mountain slopes.

This kingdom differs from others due to its unique natural qualities. In the very heart of the region there is the Świętokrzyski National Park with its distinctive stone runs. The national park is surrounded by landscape parks with precious nature reserves. This land is undeniably a geologist's paradise, where rocks from all geological periods lie together in a relatively confined space.

This remains a natural region, famous for its untouched landscapes, its well-managed reservoirs in Sielpla, Borków and Chańcza, and its wonderful clean air, which is excellent as an aid to rest and recreation.

As far as culture and history are concerned, the kingdom of "Świętokrzyskie Mountains and the Area" is rich in both, due to its preserved heritage and traditions. In many places, relics and traces of the ancient Jewish, Arian and Polish communities who lived there are still visible. The area boasts historical sites representing architectural styles from throughout history — from the early Romanesque style to contemporary architecture. There are a number of churches with surviving Romanesque parts, as well as Gothic, Baroque and Classical buildings — both religious and secular (mansions, palaces and castles). Objects connected with the industrial heritage of the region form a separate group of monuments. These are mostly connected with the Staropolski Industrial Region and with limestone, copper ore, lead, and sandstone extraction from the area's numerous quarries.



East of Poland Cycling Trail Green Velo

The Green Velo trail is a 1,885 kilometers long bike trail that runs through some of the most beautiful regions of Eastern Poland. It follows local asphalt and dirt roads and specially assigned cycle routes. The trail is clearly marked and every 10km or so, there are BSPs (Bike Service Points) with recreational facilities for cyclists. The main trail is supported by almost 200 kilometers of linking routes, which lead to transport hubs and nearby places of interest.

Come and ride the Green Velo trail — 200 kilometers of real tourist attractions!



Cyclist's Guide

As the weather improves and the cycling season begins, it is worth remembering a few basic rules to ensure the safety of cyclists out on the trail.

- Cyclists must observe many of the same road regulations that are mandatory for car drivers.
- It is not compulsory to have a bicycle driving permit if you are 18 years old or older, whereas younger bikers must pass an exam.
- Children under 10 can ride on roads only if accompanied by an adult, and children under 7 can only be transported on bicycle carrier seats.
- Riding along marked bike routes (i.e. bike paths or lanes) is a must. If there are no marked routes, cyclists must ride on the hard shoulder, and if there is no hard shoulder, along the street.
- Riding on the pavement is forbidden.
- Exceptions: the pavement is more than 2m wide; there is no bike path; riding along a road with a speed limit of more than 50km/h; accompanying a rider under the age of 10; poor weather conditions.
- On the pavement you must give way to pedestrians.
- Where a bike lane crosses a street into which a car is turning, the car must give way to cyclists.
- Cyclists are permitted to overtake slow moving vehicles.
- A helmet is not mandatory but is recommended.
- Front and rear bike lights are mandatory.

Riders who would like to stay for a night or two can take advantage of the large range of accommodation facilities, which include high standard hotels and guest houses, as well as the cheaper, but still first-rate, youth hostels and agrotourism farms. The local cuisine is excellent too, and dishes served in farms, inns and bars are prepared using local products and traditional recipes.



www.greenvelo.pl web portal

Visit www.greenvelo.pl and find out for yourself about all the advantages of the East of Poland Cycling Trail. The Green Velo portal is the biggest cycling guide to Eastern Poland. It will explain how to get to know not only the Green Velo trail, but also other routes in the area. It will reveal places of interest and the best places to eat, and will help to find accommodation.

Before setting off, create your schedule using our intuitive trip planner in just a few easy steps. News, an events calendar and our newsletter will keep you up to date with events and news from the trail.

Mobile Application

All essential trail information can be found in the Green Velo mobile app (available on Android, iOS and Windows Phones). The app will help you to find places of interest, accommodation, restaurant facilities and BSPs along the way. Trails in your area are listed so that you can find those that interest you most. And don't worry about poor phone reception — all of the most important information is accessible offline. The app lets you record the course of your trip as you ride and helps you to plan future trips. Just choose points on the map and the system will automatically generate the best route for you.



Practical Information

Regional Tourist Information Centre
ul. Sienkiewicza 29, 25-007 Kielce
phone +48 41 348 00 60
www.swietokrzyskie.travel

Tourist Information Centre
ul. Partyzantów 1, 26-200 Końskie
phone +48 41 372 90 88
www.konskie.travel

Tourist Information Point
Centre of Tradition and Tourism of the Świętokrzyskie Mountains
ul. Partyzantów 3, 26-004 Bieliny
phone +48 41 260 81 52
www.osadasredniowieczna.eu



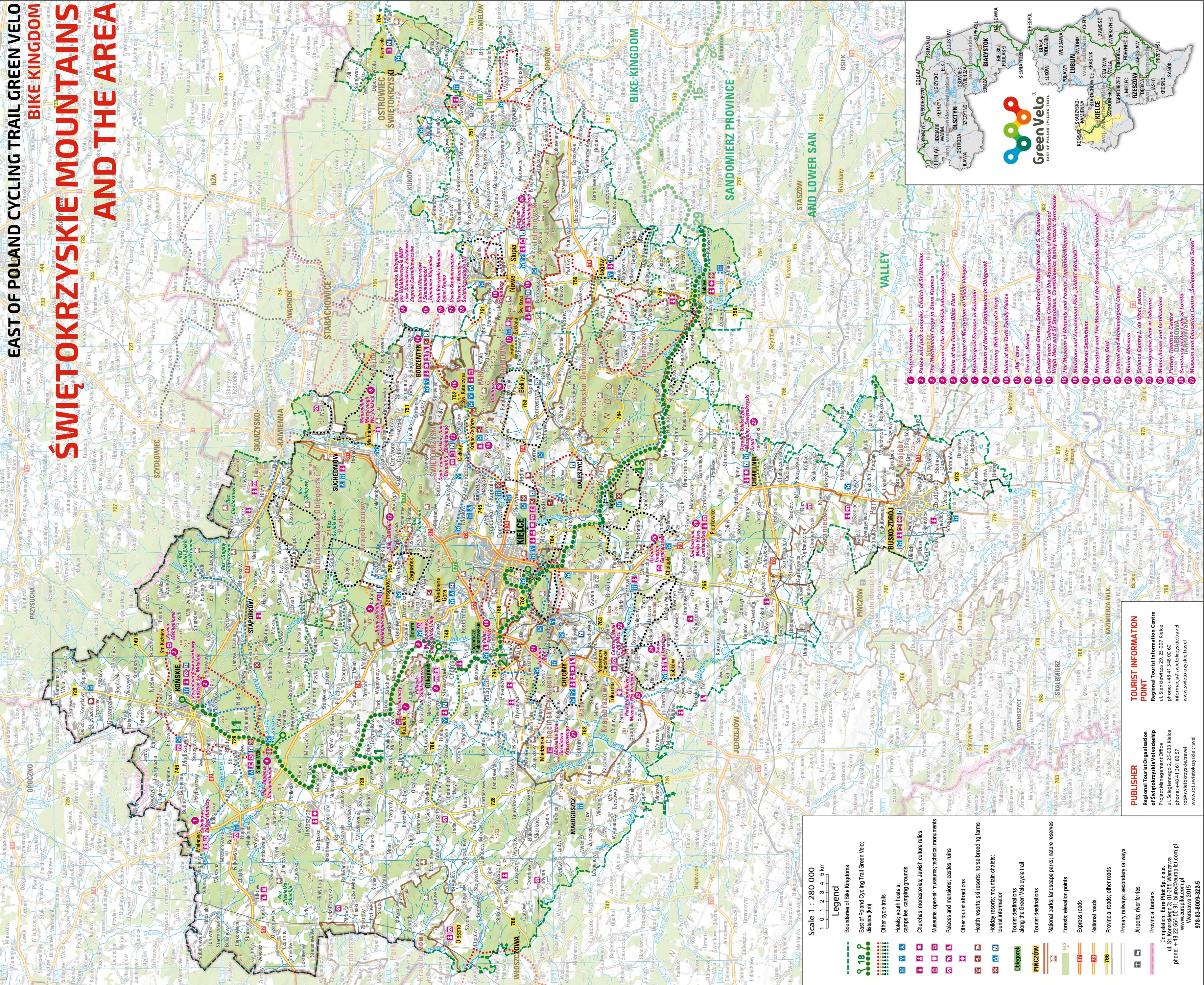
Texts by:
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K. Pęczalski, I. Kapusta, A. Borys, A. Benicewicz-Miazga, A. Klauzińska - Góra

Editing, maps, compilation, typesetting:
Euro Pilot Sp. z o.o., Warszawa
ul. Konarskiego 3
01-353 Warszawa
www.europilot.com.pl

EAST OF POLAND CYCLING TRAIL GREEN VELO

BIKE KINGDOM

ŚWIĘTOKRZYSKIE MOUNTAINS AND THE AREA



metres above sea level

