



www.greenvelo.pl

- Maps of the series:
1. At the Vistula Lagoon (Warmińsko-Mazurskie Voivodeship)
 2. Warmia and the area (Warmińsko-Mazurskie Voivodeship)
 3. Northern Mazury (Warmińsko-Mazurskie Voivodeship)
 4. Świętokrzyski Region and Augustów Forest (Podlaskie Voivodeship)
 5. Biebrza and Narew Rivers Valley (Podlaskie Voivodeship)
 6. Białowieża Forest and Knyszyn Forest (Podlaskie Voivodeship)
 7. Bug River Valley (Podlaskie and Lubelskie Voivodeships)
 8. Polesie (Lubelskie Voivodeship)
 9. Roztocze (Lubelskie and Podkarpackie Voivodeships)
 10. Carpathian Plateau (Podkarpackie Voivodeship)
 11. Sandomierz Province and Lower San Valley (Świętokrzyskie and Podkarpackie Voivodeships)
 12. Świętokrzyskie Mountains and the area (Świętokrzyskie Voivodeship)



Range of Attractions
Bike Kingdom Biebrza and Narew Rivers Valley

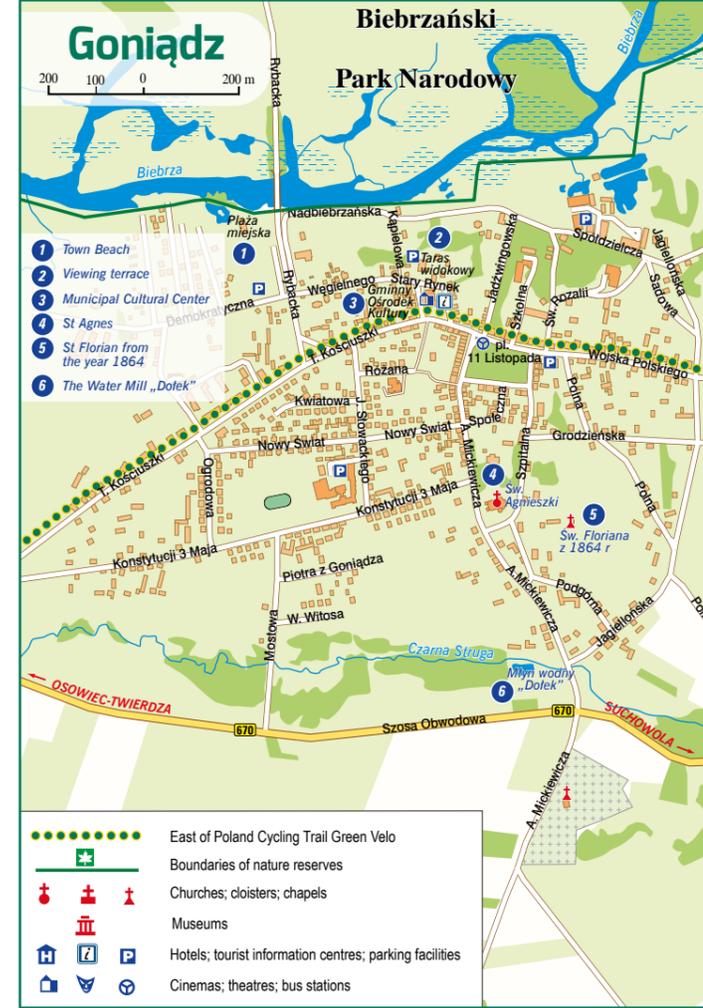


Podlaskie
Voivodeship



Bike Kingdom Biebrza and Narew Rivers Valley

The kingdom of Biebrza and Narew Rivers Valley stretches from the north to the south, from the area of Augustów to Łomża and Białystok. This is a land of marshes, a sanctuary of elks paradise for those who love birds, peace and quiet. The route is marked along asphalt and unpaved roads, on the edges of the Biebrza and Narew Rivers Valleys, which are protected as national parks and a landscape park. However, in order to enjoy the most interesting sites, you need to ride off the main route to one of the side paths running through the most valuable areas of the national parks. This region can be visited on foot, by bike or from water.



www.greenvelo.pl web portal

Visit www.greenvelo.pl and find out for yourself about all the advantages of the East of Poland Cycling Trail. The Green Velo portal is the biggest cycling guide to Eastern Poland. It will explain how to get to know not only the Green Velo trail, but also other routes in the area. It will reveal places of interest and the best places to eat, and will help to find accommodation. Before setting off, create your schedule using our intuitive trip planner in just a few easy steps. News, an events calendar and our newsletter will keep you up to date with events and news from the trail.



Mobile Application

All essential trail information can be found in the Green Velo mobile app (available on Android, iOS and Windows Phones). The app will help you to find places of interest, accommodation, restaurant facilities and BSPs along the way. Trails in your area are listed so that you can find those that interest you most. And don't worry about poor phone reception – all of the most important information is accessible offline. The app lets you record the course of your trip as you ride and helps you to plan future trips. Just choose points on the map and the system will automatically generate the best route for you.



The Green Velo route stretches along the Augustów Canal and leads to the unconquered, old Russian Osowiec Fortress, which dates back to the second half of the 19th century. The next stage is the so-called Tsar's Road stretching on the eastern bank of the Biebrza River to Strękowa Mountain.

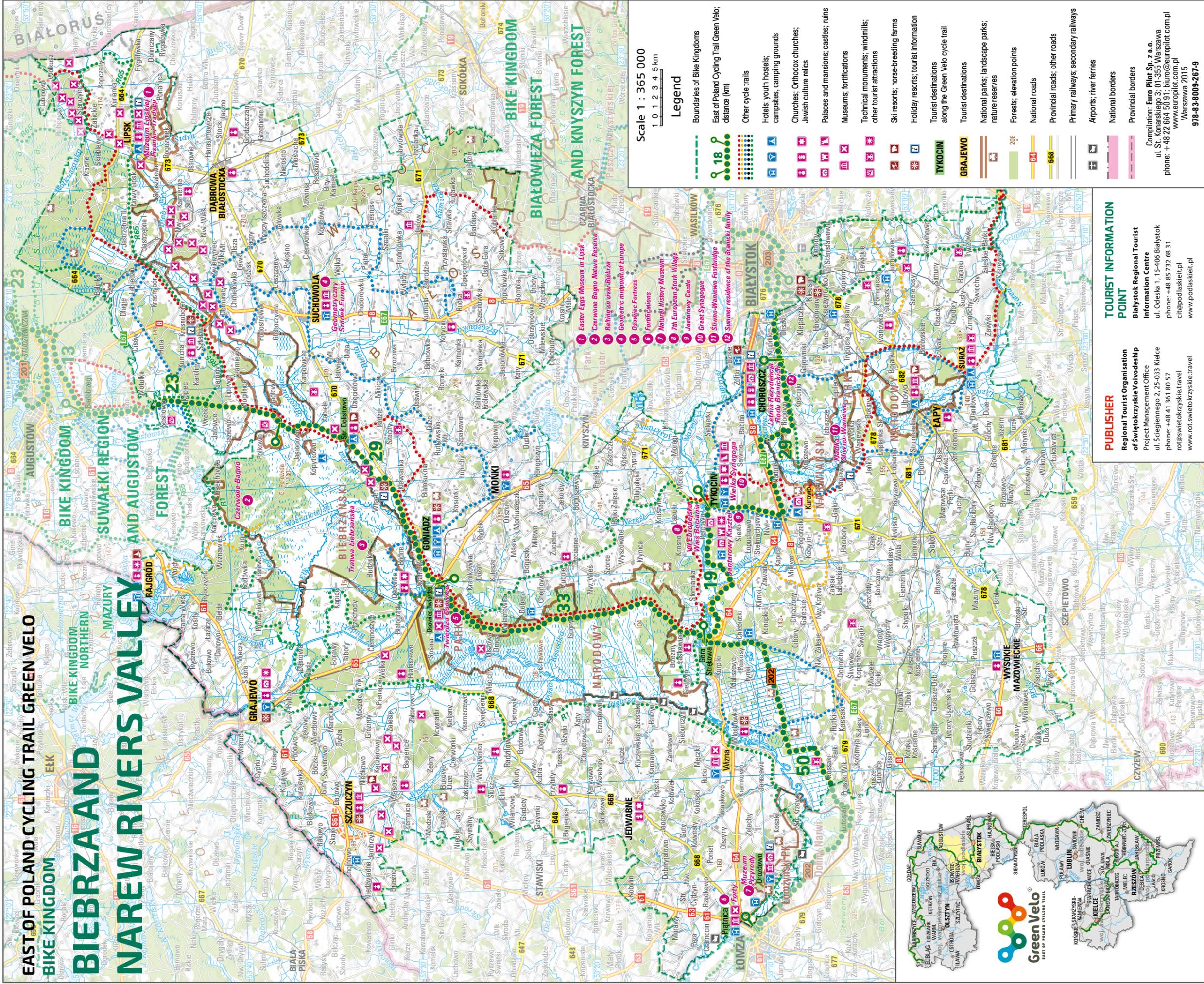
The Narew River Valley towards Łomża, protected as the Łomża Landscape Park of the Narew River Valley, constitutes a habitat of numerous beavers, elks, bats and many bird species. It is worth noticing the valuable and rich vegetation of almost 40 protected plant species.

The connection route leads to Łomża, a multicultural city, which is the third biggest in the region. In Łomża, one should visit a historical, 16th century cathedral, a convent and church of Benedictine sisters, a monastery and church of

Capuchin Friars, a market square and the town hall, the Regional Museum and a necropolis of various religions. Hanka Bielicka, commemorated in a form of a bench in Łomża, is one of the famous people connected with the city. The boulevards by the Narew River and a port with a marina are an interesting tourist attraction, as well.

The main route leads from Strękowa Mountain to charming Tykocin, one of the most beautiful, baroque towns in this voivodeship. The main attractions of this town include: a synagogue, Alumnat, a church of the Holy Trinity and other historical buildings. From Tykocin, the route leads eastwards to Białystok, through the area of the Narew National Park, where walking on a footbridge with floating jetties between Śliwno and Waniewo is a must.

The towns located by the Biebrza and Narew rivers offer farm tourism accommodation facilities whose owners are very open and hospitable. Numerous tourism companies offer attractions such as canoeing, rafting, "pychówki" boats and thematic trips.



Scale 1 : 365 000
 1 0 1 2 3 4 5 km

- ### Legend
- Boundaries of Bike Kingdoms
 - East of Poland Cycling Trail Green Velo; distance (km)
 - Other cycle trails
 - Hotels; youth hostels; campsites, camping grounds
 - Churches; Orthodox churches; Jewish culture relics
 - Palaces and mansions; castles; ruins
 - Museums; fortifications
 - Technical monuments; windmills; other tourist attractions
 - Ski resorts; horse-breeding farms
 - Holiday resorts; tourist information
 - Tourist destinations along the Green Velo cycle trail
 - Tourist destinations
 - National parks; landscape parks; nature reserves
 - Forests; elevation points
 - National roads
 - Provincial roads; other roads
 - Primary railways; secondary railways
 - Airports; river ferries
 - National borders
 - Provincial borders

TOURIST INFORMATION POINT

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