



Podlaskie  
and Lubelskie  
Voivodeships

Bike Kingdom Bug River Valley

Range of Attractions



[www.greenvelo.pl](http://www.greenvelo.pl)

Lubelskie



Podlaskie



## Bike Kingdom Bug River Valley

The Bug River Valley kingdom extends in the southern part of the Podlaskie Voivodeship and the northern part of the Lubelskie Voivodeship. The terrain is almost flat or gently rolling. The river meanders lazily across the plain, with picturesque villages and towns dotted along its banks.

The River Bug is a natural obstacle for cyclists. Fortunately there are two ferry crossings along the route. One runs from Mielnik on the right



- East of Poland Cycling Trail Green Velo
- Churches; cloisters; Orthodox churches
- Culture centres; museums; monuments
- Hotels; tourist information centres
- Bus stations; parking facilities



- 12. Swietokrzyskie Mountains and the area (Swietokrzyskie Voivodeship)
- 11. Sandstone Plateau (Podkarpackie Voivodeship)
- 10. Czortkow Plateau (Podkarpackie Voivodeship)
- 9. Rzeszow Valley (Podkarpackie Voivodeship)
- 8. Polesie (Lubelskie Voivodeship)
- 7. Bug River Valley (Podkarpackie Voivodeship)
- 6. Bialowieza Forest and Narew River Valley (Podlaskie Voivodeship)
- 5. Biebrza and Narwi River Valley (Podlaskie Voivodeship)
- 4. Suwalki Region and Augustow Forest (Podlaskie Voivodeship)
- 3. Narew Valley (Warmian-Masurian Voivodeship)
- 2. Warmia and the area (Warmian-Masurian Voivodeship)
- 1. At the Vislula Lagoon (Warmian-Masurian Voivodeship)

[www.greenvelo.pl](http://www.greenvelo.pl) web portal

Visit [www.greenvelo.pl](http://www.greenvelo.pl) and find out for yourself about all the advantages of the East of Poland Cycling Trail. The Green Velo portal is the biggest cycling guide to Eastern Poland. It will explain how to get to know not only the Green Velo trail, but also other routes in the area. It will reveal places of interest and the best places to eat, and will help to find accommodation. Before setting off, create your schedule using our intuitive trip planner in just a few easy steps. News, an events calendar and our newsletter will keep you up to date with events and news from the trail.



## Mobile Application

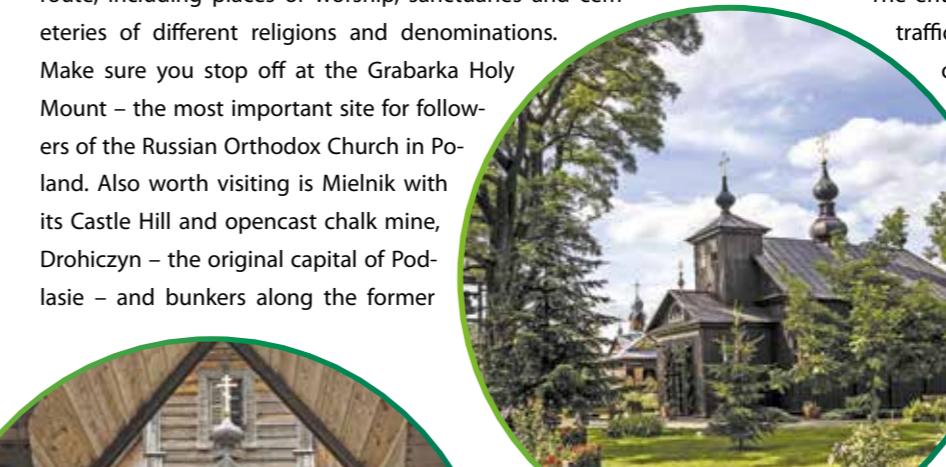
All essential trail information can be found in the Green Velo mobile app (available on Android, iOS and Windows Phones). The app will help you to find places of interest, accommodation, restaurant facilities and BSPs along the way. Trails in your area are listed so that you can find those that interest you most. And don't worry about poor phone reception – all of the most important information is accessible offline. The app lets you record the course of your trip as you ride and helps you to plan future trips. Just choose points on the map and the system will automatically generate the best route for you.



bank to Zabuze on the left bank, where a connecting trail takes you back to the main route via Serpelice. The alternative is to use the crossing between Niemirów on the right bank, in the Podlaskie Voivodeship, and Gnojno on the left bank and in the Lubelskie Voivodeship. The crossing isn't always operational, so make sure you check ahead in Mielnik.

There are many marks of the region's multicultural past along the route, including places of worship, sanctuaries and cemeteries of different religions and denominations.

Make sure you stop off at the Grabarka Holy Mount – the most important site for followers of the Russian Orthodox Church in Poland. Also worth visiting is Mielnik with its Castle Hill and opencast chalk mine, Drohiczyn – the original capital of Podlasie – and bunkers along the former



Molotov Line. Janów Podlaski in Lubelskie is home to a world-famous stud farm. The small town of Terespol is an important communication hub, with the Brest Forts located nearby. South of Terespol lie notable Catholic sanctuaries in Kodeń and Jabłeczna, and a wooden Neo-Uniate Orthodox church in Kostomłoty. The wooden architecture of the Hanna village and the town of Sławatycze are also very picturesque.

The entire route runs along paved highways with low volumes of traffic. It's perfect for cyclists who want to do some sightseeing of historical sites and local towns and villages along the way.



