



www.greenvelo.pl

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Maps of the series:
East of Poland Cycling Trail Green Velo



PODKARPACKIE
PRZESZKŁA

Range of Attractions
Bike Kingdom Carpathian Plateau



Podkarpackie
Voivodeship



Bike Kingdom Carpathian Plateau

The southern part of the Green Velo trail passes through the kingdom of the Carpathian Plateau and provides views of the nearby Bieszczady Mountains and the Low Beskids. Contrary to the title of the kingdom (named after the Carpathian mountains) most of the Green Velo trail does not pass through the mountains but in fact follows the River San valley where riders have to deal with considerable changes in altitude, especially near the towns of Przemyśl and Dynów. Riders should be reasonably fit and bikes will need good brakes for some of the descents.



Przemyśl is the most multi-cultural city along the route and one of the most interesting. Over the years, a number of fascinating museums and historical religious buildings of different denominations have been built here, and the city centre's Galician architecture resembles the styles of Cracow and Lvov. There is an excellent fortress bike trail around the city, which is well-signed.

The arboretum in Bolestraszyce and the Krasiński Family Renaissance castle in Krasiczyn near Przemyśl are both wellworth visiting. There are many other places to visit between Rzeszów and Przemyśl, including Orthodox churches, war cemeteries and the remains of the former residences of noble families.



www.greenvelo.pl web portal

Visit www.greenvelo.pl and find out for yourself about all the advantages of the East of Poland Cycling Trail. The Green Velo portal is the biggest cycling guide to Eastern Poland. It will explain how to get to know not only the Green Velo trail, but also other routes in the area. It will reveal places of interest and the best places to eat, and will help to find accommodation. Before setting off, create your schedule using our intuitive trip planner in just a few easy steps. News, an events calendar and our newsletter will keep you up to date with events and news from the trail.



Mobile Application

All essential trail information can be found in the Green Velo mobile app (available on Android, iOS and Windows Phones). The app will help you to find places of interest, accommodation, restaurant facilities and BSPs along the way. Trails in your area are listed so that you can find those that interest you most. And don't worry about poor phone reception – all of the most important information is accessible offline. The app lets you record the course of your trip as you ride and helps you to plan future trips. Just choose points on the map and the system will automatically generate the best route for you.



EAST OF POLAND CYCLING TRAIL GREEN VELO

BIKE KINGDOM

CARPATHIAN PLATEAU

Scale 1 : 440 000

1 0 2 4 6 8 10 km

Legend

- Boundaries of Bike Kingdoms
- East of Poland Cycling Trail Green Velo; distance (km)
- Other cycle trails
- Hotels; youth hostels; campsites, camping grounds
- Churches; monasteries; Orthodox churches; Jewish culture relics
- Museums; open-air museums; other tourist attractions
- Palaces and mansions; castles; ruins; fortifications
- Holiday resorts; tourist information; UNESCO sites
- Health resorts; water sports resorts; ski resorts; horse-breeding farms
- Tourist destinations along the Green Velo cycle trail
- Tourist destinations
- Landscape parks; nature reserves
- Forests; elevation points
- Highways
- Express roads
- National roads
- Provincial roads; other roads
- Primary railways; secondary railways
- Airports; river ferries
- Border crossings: road border crossings; train border crossings
- National borders

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