



NATIONAL COHESION STRATEGY
OF EASTERN POLAND
DEVELOPMENT

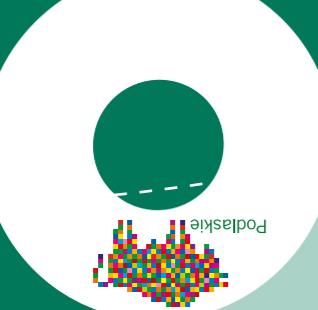




www.greenvelo.pl

- At the Visula Lagoon (Wammisko-Mazurskie Voivodeship)
- Wama and the sea (Wammisko-Mazurskie Voivodeship)
- Northem Mazury (Wammisko-Mazurskie Voivodeship)
- Swatki Region and Augustow Forest (Podlaskie Voivodeship)
- Biebrza and Narw Rivers Valley (Podlaskie Voivodeship)
- Bug River Valley (Podlaskie and Kuyavian-Pomeranian Voivodeships)
- Bialowezza Forest and Kysiazki Forest (Podlaskie Voivodeship)
- Polesie (Lubelskie Voivodeship)
- Roztocze (Podkarpackie Voivodeship)
- Carpathian Plateau (Podkarpackie Voivodeship)
- Sandomierz Province and Lower San Valley (Podkarpackie Voivodeship)
- Swietokrzyskie Mountains and the area (Swietokrzyskie Voivodeship)
- Podkarpackie Voivodeship

• 115 •



Range of Attractions



 Green Velo®

Podlaskie
Voivodeship



The Suwałki Region and Augustów Forest are some of the most beautiful parts of this country, famous for their nature, clean rivers, forests and lakes, for frosty winters and hot summers. This kingdom is amazingly diversified.

The northern part of the area is taken by the fabulous Suwałki region. The views it offers have no equal in Poland.

The route runs along the western shore of the Hańcza Lake in order



www.greenvelo.pl web portal

Visit www.greenvelo.pl and find out for yourself about all the advantages of the East of Poland Cycling Trail. The Green Velo portal is the biggest cycling guide to Eastern Poland. It will explain how to get to know not only the Green Velo trail, but also other routes in the area. It will reveal places of interest and the best places to eat, and will help to find accommodation. Before setting off, create your schedule using our intuitive trip planner in just a few easy steps. News, an events calendar and our newsletter will keep you up to date with events and news from

Mobile Application

All essential trail information can be found in the Green Velo mobile app (available on Android, iOS and Windows Phones). The app will help you to find places of interest, accommodation, restaurant facilities and BSPs along the way. Trails in your area are listed so that you can find those that interest you most. And don't worry about poor phone reception – all of the most important information is accessible offline. The app lets you record the course of your trip as you ride and helps you to plan future trips. Just choose points on the map and the system will automatically generate the best route for you.





To go by the highest hill of the region from the south. From there, along the southern shore of the Szelmęt Wielki Lake, the route runs close to a new winter sports resort WOSiR Szelmęt to Suwałki.

It is worth visiting the renovated city centre. The city itself has an interesting urban layout with historic Catholic and Orthodox churches, market, the Regional Museum and the Museum of Maria Konopnicka.

Closer to Suwałki tourists will find another treasure of this kingdom – the Wigry Lake, which, together with its close surroundings, is protected as a part of the Wigry National Park. Over the northern part of the lake, on a peninsula, tourists will find the 18th century former Camaldolese monastery complex with a baroque church, which was reconstructed after the Second World War.

Further along, the route leads to the Augustów Forest, along the Czarna Hańcza River and the Augustów Canal. This route lures cyclists with views of parts of Czarna Hańcza, one of the cleanest rivers in Poland, and a historic monument of the Augustów Canal dam.

The last stop in this kingdom's map is Augustów, which can be reached using a connection route designated in accordance with the Green Velo standard. This city is located at the edge of a forest and surrounded by lakes. It has a status of a health resort and enjoys a fully de-

veloped tourist base. The green city of Augustów is a Mecca for water sports enthusiasts.

The tourist facilities of the Suwałki Landscape Park, the area of Wigry and Augustów are excellent. A dense network of well-marked routes invites tourists to visit many places.

EAST OF POLAND CYCLING TRAIL GREEN VÉLO BIKE KINGDOM

SUWALSKIE FOREST AND AUGUSTÓW FOREST

Scale 1 : 275 000

Legend

Boundaries of Bike Kingdoms
18 9 35 35

East of Poland Cycling Trail Green Vélo;
distance (km)

Other cycle trails

Hotels; youth hostels;
campsites, camping grounds

Churches; monasteries;
Jewish culture relics

Palaces and mansions; ruins;
fortifications

Museums; fortresses

Technical monuments; windmills;
nature reserves

Holiday resorts; health resorts;
other tourist attractions

AUGUSTÓW

RAJGRÓD

288

Forests; elevation points

288

Forests; elevation points